

Ecological Footprint

Directions: Answer the following questions and then use the Scoring Instructions at the bottom to calculate your "carbon footprint."

____ 1. How do you get to school?

- A. Walk or ride bike
- B. Snow machine or four wheeler
- C. Car
- D. Bus or Van

____ 2. What kind of vehicle does your family drive? (If more than one, choose the largest.)

- A. None
- B. Snow machine/4-wheeler only
- C. Car
- D. SUV, Van or Truck

____ 3. How often does your family fly in a plane?

- A. Less then once per month
- B. Once per month
- C. 2-4 times per month
- D. Once per week or more

____ 4. What kind of food does your family eat?

- A. Subsistence
- B. Combination of store bought and subsistence
- C. Store bought

____ 5. How often does your family eat out or order food from a restaurant?

- A. Never
- B. Once a month
- C. Once a week
- D. Twice a week or more

____ 6. How much soda do you drink?

- A. None
- B. 1 can a day
- C. 2 cans a day
- D. 3 cans a day or more

____ 7. How often does your family do laundry?

- A. Once per month
- B. Twice per month
- C. Once per week
- D. Twice per week or more

____ 8. Do you get a newspaper or magazine at home?

- A. No
- B. Yes

____ 9. Do you turn off the lights when you leave a room?

- A. Yes
- B. No

____ 10. Do you turn off your computer and other electronics when they are not in use?

- A. Yes
- B. No

____ 11. What type of fuel is used to heat your house?

- A. Wood
- B. Propane
- C. Fuel oil
- D. Natural gas

____ 12. Circle each of the things your family owns.

- A. Cell phone
- B. TV
- C. DVD player
- D. Computer
- E. Washing Machine
- F. Dishwasher
- G. Refrigerator
- H. Snow machine,4-wheeler,dirt bike
- . Boat with motor

13. _____ **Total Carbon Footprint**

Scoring Instructions:

Calculate points for questions 1 through 11: A = 1 point B = 2 points C = 3 points D = 4 points. For question 12, assign yourself 1 point for each item circled. Add all the points together to determine your “carbon footprint.” Enter the total number of points in # 13.

Score of 12 or less: You are a “Twinkle Toes” who has minimal impact.

Score of 24 or less: You are an “Easy Rider” who treads lightly.

Score of 36 or less: You are a “Bigfoot” and your footprint is damaging.

Score of 48 or less: You are a “Godzilla” and your footprint is harming others.

Interesting note: **We would need more than six planet Earths to sustain the footprint of the average American.** (See www.myfootprint.org for their assessment of this note)